

WELCOME

VISION *The Wyong Catholic Parish is a welcoming, caring dynamic community*

MISSION STATEMENT *We will live and proclaim the message of the Gospel :
Engage, Participate, Reach out and Transform*

17th May 2026 – THE ASCENSION OF THE LORD

**WYONG CATHOLIC PARISH
ST CECILIA'S CHURCH, ST JOHN FISHER MASS CTR & ST PETER'S CHAPEL
Under the Pastoral Care of the
Society of Our Lady of The Most Holy Trinity (SOLT)**

REFLECTION – The Ascension of the Lord

For forty days after Jesus' resurrection from the dead, he appeared to his disciples, sometimes to one person, sometimes to a small group and on one occasion to more than 500 people, as St Paul reports. Then after about forty days these appearances



ceased, and the disciples realised that he had returned to the Father having completed his mission on earth. He had ascended into heaven.

Jesus' return to the Father does not however mean that he is no longer with us.

St Matthew wrote his Gospel to reassure Christians that Jesus is still with us. At the very beginning of his Gospel, the angel tells Joseph that the child will be called Emmanuel, a name which means 'God is with us'. And in the very last words of his Gospel, which we hear today, Jesus says, 'And know that I am with you always, yes, to the end of time.' And in the middle of the Gospel Jesus says, 'when two or three come together in my name, I am there with you' (Matthew 18: 20).

While Christ is with us in spirit, we are now the hands and feet and heart of Christ in our world. It is we who must go out and proclaim Christ to the ends of the earth. It is through us that people will meet the risen Christ.

Reproduced from God's Word 2026: Daily Reflections, Published by St Pauls Publications, Strathfield.

PLANNED GIVING & PASTORAL WORKS

Dear Parishioners, should you wish to donate electronically toward 1st or 2nd collection or Pastoral Works, please use the QR Code provided and following the prompts.

We appreciate all offerings and support gifted to our Parish!



FREE TIMBER

There are some timber slates in St Cecilia's Car park if anyone would like them please help yourself to them. They are parts of the old fence. Thank you!

PIETY STORE

We are pleased to announce our Piety Store has reopened on Sunday mornings after 7:30am and 9:30am Mass, located near the sacristy at Wyong.



All proceeds will go toward the running and upkeep of our Parish.

We are in need of *volunteers* to keep it open on weekends. If you are able to assist with this please contact the office on 02 4352 1011.

2026 Mass Attendance Count – May

The 2026 Diocesan Mass Attendance Count will take place across the first four weekends of May (commencing with the Vigil Mass). This year's count will follow a slightly expanded approach, as guided by the Australian Catholic Bishops Conference (ACBC), particularly in light of the national Census year.

Parish Hall Kitchenette Appeal

To better support parish gatherings and community events, we are in search of new kitchenette for the parish hall. If you have any contacts, or know where we can get a neat 2nd hand one, in good condition it would be greatly appreciated. Thank you for your support.

WORKING BEE @ WYONG **Date Correction** SATURDAY 23rd May— 7am start Shed & Guttering

We will be carrying out maintenance work focusing on two areas: the erection of a new shed and clearing replacing the gutters on the Parish office/Hall.



Thank you to anyone who can contribute their time and effort to help care for our Parish property.



CHILDREN'S LITURGY CALLING ALL CHILDREN !

⇒ Children's Liturgy is held every Sunday, and we warmly invite all children to join us for the **Liturgy of the Word** — a joyful space where kids meet Jesus through stories, prayer, and engaging faith activities designed just for them.

⇒ Each week, children take something beautiful home in their hearts: a sense of belonging, a Bible story they understand, a message from Jesus to guide their week, a new faith word like mercy, hope, or kindness, simple prayers and lessons on love and forgiveness, confidence to speak about God, the reminder that "Jesus is with me," ideas for kindness at home and school, a craft to remember the Gospel, and a heart ready to pray for others.

*Children return to the church for the Liturgy of the Eucharist.

*(Children under 5yrs of age must be accompanied by a parent or guardian at all times.)



200 Club 2026

The 200 Club in 2026 will run for 25 weeks with prize results in the Bulletin each week.

Sign up notice: the detailed information sheet for 2026 Club will be handed out next weekend 16/17 May.

Numbers Sale: These will commence on 23/24 May and conclude on 30 June.

Cost: \$60 upfront or a payment of \$20 by **20th** of June, July & August.

Prizes: Weekly \$75 and \$25; Monthly \$125, \$50 and \$25 Christmas \$500, \$250, \$150, and \$100

All prizes are contingent on the sale of all 200 numbers.

Updates of sales numbers will be in each week's bulletin. For further information please contact Maureen Roast; Anne Hooley or Kerry Bugden (43882938).

YOUTH GROUP UPDATE

Youth Group in our parish is now held twice a month, dates are posted on our Wyong Parish Facebook page and in our bulletin. We have approx. 10-15 attendees each time and we hope it continues to grow. If you are 13 years or over and would like to join please contact the parish office.

There are a number of Youth Events Coming up in our Diocese and Parish and we would love the opportunity to be able to attend these events with our Youth, the future of our church. We would appreciate your generosity to give via this QR Code which will go toward the fortnightly running costs of Youth Group and other Youth events in our Parish.



Sacramental Program

Our Sacramental Program for Reconciliation & Holy Communion will begin next week, please keep all the children participating in this program in your prayers. You will find some of their names at the front of your church over the coming weeks so please feel free to go up and choose at least one name of a student you would like to pray for while their on this beautiful spiritual journey.

With regards to Confirmation this year, the wonderful news of Archbishop Anthony's appointment to the Holy See, has meant that there may be some changes to dates for the Sacrament of Confirmation this year, we appreciate your patience and understanding for further correspondence with regards to the celebration.

Should you have any enquires about any Sacraments please feel free to contact the parish office, wyongparish@bbcatholic.org.au

PASTORAL WORKS—MAY APPEAL

Our Pastoral Works Appeal will be held over the next few weekends during the month of May.

The charitable works the Diocese supports are the Diocesan Confraternity of Christian Doctrine (CCD), Hospital Chaplaincy and Pastoral Care Practitioners and the disable and deaf community including St Lucy's and St Edmund's Schools.

The CCD campaign and support Catechists in Public Schools so they are able to spread the Word of God, Chaplains and Pastoral Care Practitioners visit and support those who are sick, dying or in need.

We acknowledge and thank parishioners for their generosity in these difficult financial times. Every donation makes a difference.

All donations over \$2 are 100% tax deductible.

Invitation to celebrate Weekday Mass with the students from St Cecilia's Mondays 9.15am & St John Fisher Tuesdays 9.15am (School Term only)

We encourage and extend a warm welcome to ALL parishioners to this beautiful half hour week day Mass.

*Please Note—Mass at St Cecilia's may vary depending on weather conditions.

365 Pacific Highway
North Wyong NSW 2259
PO Box 786
Wyong NSW 2259



Ph: 02 4351 8004
Ph: 02 4392 8777

BOWDEN FAMILY FUNERALS

All Areas ~ Australian Owned

Anita Bowden - Director
anitabowden@cci.net.au



*We do not think of it as a job...
it is an irish honour.*



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www.tuggerahphysio.com.au



PENTECOST SUNDAY: May 24, 2026

Join our CCD Team and become an assistant catechist today!

We cater to 6 state primary schools and are always looking for members to assist our catechists.

Are you available on TUESDAYS, WEDNESDAYS OR FRIDAYS to become an assistant catechist ?

You don't need to be an expert, you just need to have a willing heart and love for children.

Morning Tea will be held after Mass at 8:30am SJF, & 9:30am Wyong, bring a plate representing your culture and come and have a chat with our SRE team!

If you've been discerning a ministry to partake in and are interested in joining our team, contact Margaret Vandenberg on 02 4352 1011.



CCC
Connecting Catholic Coasties

Friday 5th June, 4pm—6:30pm
St Cecilia's Church
23 Byron St, Wyong

Wyong Parish will be hosting the next Connecting Catholic Coasties Youth Event

Date: Friday 5 June 2026

Time: 4pm-6:30pm

Location: 23 Byron St, Wyong

Age Range: 13+ year old. *Please note, if students are coming without teacher supervision, please contact christine.sassine@bbccatholic.org.au for a permission form.*

This event is where schools on the Central Coast come together for one big Youth Night. We attend these event as a parish so this includes students from state schools.

We would like our parishioners to be apart of this great initiative so if you are able to give your time please contact Christine.

5x New A/C Units Installed at St Cecilia's Church—Thank You!

A big thank you to the wonderful couple from our Parish for their very kind and generous donation towards the 5 new A/C units that were installed in the Church on Friday 8th May.

May God bless you both!

Extra Ordinary Ministers of Holy Communion

On Pentecost Sunday we will joyfully commission our Extra Ordinary Ministers of Holy Communion (EMHC) at all Sunday Masses (including Sat Vigil) at St Cecilia's and St John Fisher. Please keep them in your prayers.

COMMUNION BLESSING

- You can still receive a blessing if you are not Catholic, have not yet received your Sacrament of First Eucharist/Holy Communion, or, if you are Catholic but are not in a state of grace.

To receive a blessing instead of communion during a Catholic Mass, simply approach the priest during the distribution of communion with your arms folded across your chest, and the priest will offer a blessing.

- Please remember if you are receiving communion, the consecrated host must enter your mouth to be consumed before returning to your seat.**

UNABLE TO STAND IN LINE FOR COMMUNION? USE THE YELLOW BAND!

Please use the yellow bands located at the back of the Church (in a tub underneath the bulletin shelf) to indicate that you cannot stand in line to receive the Eucharist, by slipping it onto the side of the pew where you will be seated.

Our Priest or Eucharistic Minister will see this and will tend to you at the end of Communion.

COMMUNITY PLAYGROUP
Every Monday 9:15am—10:15am
All welcome—Meet in Parish Hall!

BIBLE STUDIES EXPRESSIONS OF INTEREST

If there is anyone interested in attending a Bible Studies group on a Saturday afternoon or Thursday evening, Fortnightly or Monthly please use the QR Code provided or contact the parish office. This will be a space for questions, discussions and sharing information. Lets us support each others formation and share the light of Christ as we delve into his Word. *"For where two or three gather in my name, there am I with them."* Mt 18:20

Bible Studies Expressions of Interest

Serra Weekly Vocations Prayer Calendar.
Please pray for those in formation or already serving the Church

18/5	Fr Joy Thomas OSH
19/5	Fr Sateesh Anthony OSH
20/5	Fr Biju Mathew
21/5	Fr Joseph Methanath OSH
22/5	Fr Raphael Kimaro AJ
23/5	Fr John Puliparambil
24/5	Fr Stephen Wayoyi AJ

Daily Prayer for Vocations

Heavenly Father, we praise You for Your goodness and thank You for Your gifts. Help us respond to and live out our mission in the Church. Assist all Your people to know their vocation in life and help them to prepare for it. Call many to be priests, deacons and consecrated men and women for Your greater glory, and for the service of Your people. Give those whom You call the grace to respond generously and to persevere faithfully. We ask this through Christ Our Lord. Amen

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MASS TIMES

ST CECILIA'S CHURCH

23 Byron St Wyong

Saturday Vigil / Sunday Mass Times

Sat Vigil 5.00pm Sun 7.30am & 9.30am

Weekday Mass

Mon-Sat: 8.00am, Monday 9.15am (School Term)

Reconciliation/Confession Saturday morning after the 8am Mass & Saturday at 4.30pm

ST JOHN FISHER MASS CENTRE

Hicks Lane Tumbi Umbi

Saturday Vigil / Sunday Mass Times

Sat Vigil 5.00 pm Sun: 8.30am & 5pm

Weekday Mass

Mon, Wed, Thurs 8:00am Tue & Fri: 9.15am

Reconciliation/Confession Saturday at 4.30pm

EMERGENCY PRIEST CONTACT

Fr Raul Ph: 0450 115 099

Fr Alex Ph: 0432 947 245

Fr Teody Ph: 0410 202 823

PARISH OFFICE: 23 Byron Street Wyong

Phone: 02 4352 1011 **Mail:** Po Box 385 Wyong 2259

OFFICE HOURS: Monday -Wednesday & Friday 9.30am to 2.30pm

PARISH CONTACTS

Parish Priest **Fr Raul Balute, SOLT Ph: 0450 115 099**

Email: raul.balute@bbcatholic.org.au

Assistant Priest **Fr Alex Barnedo, SOLT Ph: 0432 947 245**

Assistant Priest **Fr Teody Medina, SOLT Ph: 0410 202 823**

Parish Secretaries: **Margaret Vandenberg & Christine Sassine**

SRE Catechist Co-Ordinator: **Margaret Vandenberg**

Youth Group Coordinator: **Christine Sassine**

PARISH EMAIL: wyongparish@bbcatholic.org.au

PARISH WEBSITE: <https://www.bbcatholic.org.au/wyong/>

FACEBOOK: www.facebook.com/wyongcatholicparish

Children's Liturgy at Mass

St Cecilia's 5:00pm Mass Saturday

St Cecilia's 9.30am Mass Sunday

St John Fisher 5pm Mass Sunday

Youth Group

St Cecilia's Parish Hall

1st Fri Night of the Month (May vary- check bulletin for details)

Mass St Barnabas, Yarramalong

1st Sun of month 11.15am

Filipino Mass St Cecilia's Church

3rd Sun of the month 12pm

Anointing of the Sick

First Friday of the Month

St Cecilia's During 8.00am & 11.30am Mass

St John Fisher During 9.15am Mass

Eucharistic Adoration

St Cecilia's Daily 7am-8am

St John Fisher 1st Fri 8.45 - 9.15am

Devotion to Our Lady of Perpetual Help

St Cecilia's Sat after 8am Mass

St John Fisher Wed after the 8am Mass

Devotion to the Divine Mercy

St Cecilia's Fri after the 8am Mass

St John Fisher Fri after the 9:15am Mass

Prayer groups

St Cecilia's Rosary Group Tues after 8am mass followed by Divine Mercy

St Cecilia's Legion of Mary, Wed 9.15am in Parish Hall.

Meetings

St Cecilia's Choir practice every Tues night 5pm to 6pm

Parish Pastoral Council Meeting

PPC Secretary: Kerry Bugden
Ph: 02 4388 2938

FOR SACRAMENTS PLEASE CONTACT THE PARISH OFFICE

KEEP US IN YOUR PRAYERS

Prayer: The most valuable gift you can give someone.

SICK: Jeanine Doueihy, Margaret McDermott, Dave Rodney, Danae Roe, Milva Kefu, Tahniah Ahuriri, Badwi Laoulach, Vince Bosco, Rik, Rita Kerr, Marie Dyer, Courtney, Michael Parry, Regina Preston, Brenda Hindmarsh

RECENTLY DECEASED: Peter Meury, Susan Monk, Fr John McCall, Margaret Mahoney, Enid Kennedy, Norma O'Sullivan, Frank Dyer, Fr David Taylor, Fr Robert Crawford

ANNIVERSARY MAY: Mark Bastick, Brian Myers, John Donnelly, Marie Murray, Vincent Zammit, Evelyn Ross, Deceased Members of Croke & Kenny Families

SAFEGUARDING MESSAGE

Wyong parish is committed to safeguarding. All children, young persons and vulnerable adults have a right to feel safe and be safe. If you have a concern about the safety of anyone in the parish, please raise your concern with Fr Raul, Fr Alex or Fr Teody on the contact details provided above; or, Anne Hooley: 0428 149 793 or, Maureen Roast: 0435 245 849.



THE LITURGY OF THE WORD

First Reading Acts 1:1-11

A reading from the Acts of the Apostles

In my earlier work, Theophilus, I dealt with everything Jesus had done and taught from the beginning until the day he gave his instructions to the apostles he had chosen through the Holy Spirit, and was taken up to heaven. He had shown himself alive to them after his Passion by many demonstrations: for forty days he had continued to appear to them and tell them about the kingdom of God. When he had been at table with them, he had told them not to leave Jerusalem, but to wait there for what the Father had promised. 'It is' he had said 'what you have heard me speak about: John baptised with water but you, not many days from now, will be baptised with the Holy Spirit.'

Now having met together, they asked him, 'Lord, has the time come? Are you going to restore the kingdom to Israel?' He replied, 'It is not for you to know times or dates that the Father has decided by his own authority, but you will receive power when the Holy Spirit comes on you, and then you will be my witnesses not only in Jerusalem but throughout Judaea and Samaria, and indeed to the ends of the earth.'

As he said this he was lifted up while they looked on, and a cloud took him from their sight. They were still staring into the sky when suddenly two men in white were standing near them and they said, 'Why are you men from Galilee standing here looking into the sky? Jesus who has been taken up from you into heaven, this same Jesus will come back in the same way as you have seen him go there.'

The word of the Lord.

Thanks be to God.

Responsorial Psalm Ps 46:2-3, 6-9

R. God mounts his throne to shouts of joy: a blare of trumpets for the Lord.

Second Reading Ephesians 1:17-23

A reading from the letter of St Paul to the Ephesians

May the God of our Lord Jesus Christ, the Father of glory, give you a spirit of wisdom and perception of what is revealed, to bring you to full knowledge of him. May he enlighten the eyes of your mind so that you can see what hope his call holds for you, what rich glories he has promised the saints will inherit and how infinitely great is the power that he has exercised for us believers. This you can tell from the strength of his power at work in Christ, when he used it to raise him from the dead and to make him sit at his right hand, in heaven, far above every Sovereignty, Authority, Power, or Domination, or any other name that can be named, not only in this age, but also in the age to come. He has put all things under his feet, and made him as the ruler of everything, the head of the Church; which is his body, the fullness of him who fills the whole creation.

The word of the Lord.

Thanks be to God.

Gospel Acclamation Matthew 28:19, 20

Alleluia, alleluia!

Go and teach all people my gospel.

I am with you always, until the end of the world.

Alleluia!

Gospel Matthew 28:16-20

The eleven disciples went to Galilee,

to the mountain to which Jesus had ordered them.

When they saw him, they worshiped, but they doubted.

Then Jesus approached and said to them,

“All power in heaven and on earth has been given to me.

Go, therefore, and make disciples of all nations,

baptizing them in the name of the Father,

and of the Son, and of the Holy Spirit,

teaching them to observe all that I have commanded you.

And behold, I am with you always, until the end of the age.”

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

JOIN US FOR



TAIZE

Pentecost Eve



SATURDAY 23 MAY | AFTER 5PM MASS

HOLY SPIRIT CHURCH

HOLYCROSSKINCUMBERPARISH.ORG.AU



CATHOLIC
DIOCESE OF
BROKEN BAY

40
YEARS

One in Christ. One Community.

Mass of Thanksgiving



with Most Rev Anthony Randazzo
Prefect, Dicastery for Legislative Texts
Apostolic Administrator Diocese of Broken Bay

THURSDAY, 28 MAY 2026 7:00PM
THE LIGHT OF CHRIST CENTRE, YARDLEY AVENUE, WAITARA

Mass will be followed by a farewell supper for the Archbishop.

RSVP HERE:





CATHOLIC
DIOCESE OF
BROKEN BAY

Invites you to

40 Years Celebration and Awards Dinner

Hosted by Most Rev Anthony Randazzo
Prefect, Dicastery for Legislative Texts
Apostolic Administrator Diocese of Broken Bay

Two new dioceses approved

A proposal, carefully designed and thoroughly considered to provide more effective pastoral care for the people, has been approved by Pope John Paul II, creating two new dioceses within the archdiocese of Sydney.

This is one of the most significant developments in the Archdiocese of Sydney since the appointment of its first Archbishop in 1842. It means that Sydney's one million Catholics are now located throughout the three dioceses.

The two new dioceses are:

• **BROKEN BAY**, which, in general terms, largely encompasses what was formerly the Northern Region, and which will now also include the Carlingford Parish.

• **PARRAMATTA**, which, again in general terms, encompasses the area previously identified as the Outer Western Region and which will now also include the parishes of Dundas Valley, East Gran-

ville, Granville, Harris Park, North Parramatta and Parramatta.

The new Bishop of Broken Bay is the Most Reverend Patrick Laurence Murphy, D.D., formerly Auxiliary Bishop of Sydney and Bishop for the Northern Region.

by Ron F. Robinson
Editor-in-Chief

The new Bishop of Parramatta is the Most Reverend Sede Vincent Heather, D.D., S.A., formerly Auxiliary Bishop of Sydney and Bishop for the Outer Western Region. Bishops David Cremen, John ... and Jeffrey Robinson will continue as ...

Archbishop Clancy has expressed his delight with the decision of Pope John Paul II to adopt the proposal for the creation of new dioceses within the Sydney Archdiocese.

Commenting on the announcement, Archbishop Clancy said: "I am delighted with the decision from Rome. It represents a landmark by many people over a period of some years. I thank my Father, Pope John Paul II, for his wisdom and courage in making this decision. It is a great blessing for the Sydney Archdiocese and for the people of Broken Bay and Parramatta. I am confident that the new dioceses will be a source of strength and vitality for the Church in the region. I am confident that the new Bishops will be a source of strength and vitality for the Church in the region. I am confident that the new Bishops will be a source of strength and vitality for the Church in the region."

In please we come that ... have always enjoyed close relationships and worked together. The decision to create two new dioceses is a landmark by many people over a period of some years. I thank my Father, Pope John Paul II, for his wisdom and courage in making this decision. It is a great blessing for the Sydney Archdiocese and for the people of Broken Bay and Parramatta. I am confident that the new dioceses will be a source of strength and vitality for the Church in the region. I am confident that the new Bishops will be a source of strength and vitality for the Church in the region."

Even say that the Bishop appointed to the new dioceses are: Bishop ... and Bishop ... They are all very good ...

They are all very good ...

They are all very good ...

They are all very good ...

They are all very good ...

They are all very good ...

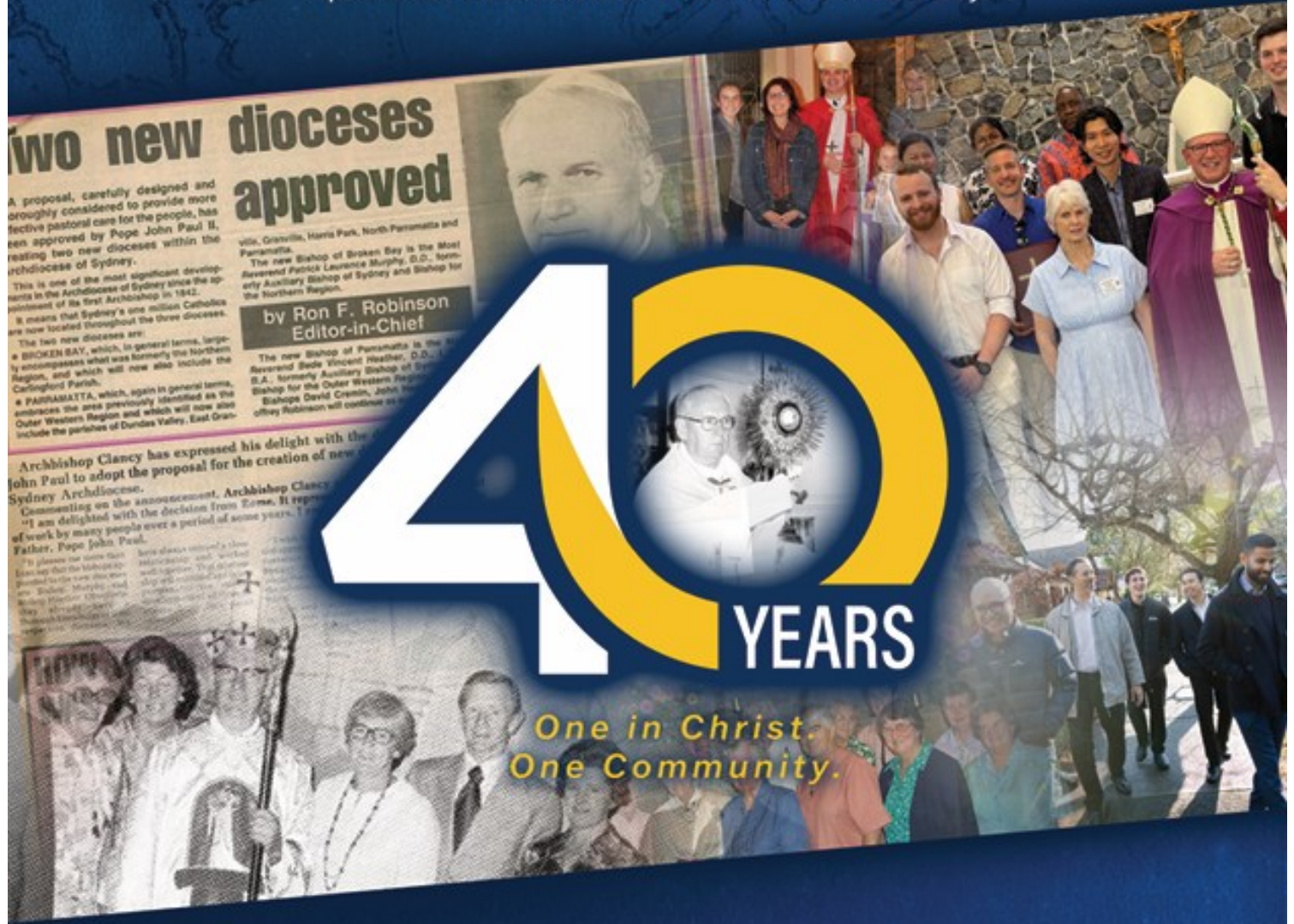
They are all very good ...

They are all very good ...

They are all very good ...



One in Christ.
One Community.



FRIDAY, 29 MAY 2026 6:30 PM
EPPING CLUB, 5-47 RAWSON ST, EPPING

BOOKINGS UNTIL 18th of MAY >>>>>>





Two *IMPACTFUL* Sessions!

Develop sustained self-reliant futures in overseas communities!

Join Palms International Volunteering for two special sessions where you'll learn about our [diverse assignments](#) suited to your qualifications. In April meet past Palms volunteers and discover how skill-exchange makes a lasting impact in [communities](#), or join our May session for a live crossing to Timor Leste and see how lives are changing today. Scan below or see palms.org.au/events

April Session: Discover Palms Online! Scan this QR-

Date: Thursday 30 April 2026

Time: 7 pm – 8:30 pm AEST



May Session: Live from Timor Leste! Scan here-

Date: Thursday 21 May 2026

Time: 4 pm – 5:30 pm AEST



02 9560 5333

palms@palms.org.au



CatholicCare
DIOCESE OF BROKEN BAY

KEEPING KIDS IN MIND

**A 5 WEEK COURSE FOR PARENTS EXPERIENCING
CONFLICT AFTER SEPARATION**

THIS IS AN ONLINE COURSE

THURSDAYS

21 MAY - 18 JUNE 2026

12.00PM - 2.30PM

Date: Thursdays 21 May – 18 June 2026

Time: 12.00pm – 2.30pm

Location: Online

Fee: \$150 or \$50 concession

This course is designed to assist parents to see through their children's eyes the experience of parental separation. Parents will also develop a greater understanding about how to support their children. Topics include:

- Grief and loss after separation
- The hidden world of children
- Rebuilding resilience
- Bridging the gap

Looking back, moving forward.

Keeping Kids in Mind is facilitated by qualified and experienced counsellors, social workers, mediators and educators.

More info here <https://catholiccaredbb.org.au/therapy-services/our-group-supports/>.

Holy Shroud of Turin Exhibition coming to Toukley—7th-14th of June

St Mary's Parish Centre, 458 Main Rd Toukley.

The Holy Shroud of Turin Exhibition will be held at St Mary's Parish Centre, from 7–14 June. This is a rare opportunity to encounter a life-size replica of the Holy Shroud and explore the mystery and significance of one of the world's most studied relics.

The exhibition week includes special presentations such as Decoding the Shroud with Francine Pirola at 3pm on the 8th of June and Devotion to the Shroud with Charbel Raish at the St Joseph's Men's BBQ on Friday 12 June for men aged 18+.

Register for Francine's talk by going to www.trybooking.com/DLPJA

Opening times occur after every mass throughout the week, including weekend and evening sessions, making it easy for parishioners and visitors to attend. The Holy Shroud Exhibition is presented courtesy of Aid to the Church in Need.

Exhibition Schedule

Date	Opening times
Sunday 7th June	10am -12pm 7pm-8pm
Monday 8th - Friday 12th June	9:00am-10:30am
Monday 8th June King's Birthday Public Holiday	3pm-5pm The World's Most Studied Relic: Decoding the Shroud with Francine Pirola
Friday 12th June Solemnity of the Sacred Heart	7pm-9pm St Joseph's Men's BBQ (men 18+ only) Devotion to the Shroud with Charbel Raish
Saturday-Sunday 13th - 14th June	Sat 9am-11am & 6pm-8pm Sun 7.30-11am

The Holy Shroud Exhibition is presented courtesy of Aid to the Church in Need.



Aid to the
Church in Need

ACN AUSTRALIA NEW ZEALAND

ACCESSIBLE

Mass



Accessible Church Mass

Holy Cross Church, South Kincumber | Sunday 10 May 2026

A monthly Accessible Mass will be offered at Holy Cross Catholic Church, South Kincumber, designed to be welcoming and inclusive for people of all abilities, including individuals and families living with disability, neurodiversity, or additional needs.

Time: 10.30 am

Date: Sunday 10 May 2026 (Second Sunday of each month)

Church: Holy Cross Catholic Church, 9 Humphreys Rd, Kincumber South

A visual story is also available to help people prepare for their visit to Mass. Knowing what to expect can help reduce anxiety and stress, and this visual guide can assist individuals and families in becoming familiar with the experience.

[Accessible Mass Visual Story](#)

Families, carers, and support workers are warmly welcome. The church is accessible, with wheelchair-accessible toilets adjacent to the church, and efforts are being made to be sensory aware. For accessibility or support requests, please contact the Mission

Office: mission@bbcatholic.org.

ALL THAT
JAZZ



ST LUCY'S SCHOOL **GALA DINNER 2026**

JAZZ

SATURDAY 12 SEPTEMBER

Venue: Dockside Darling Harbour | **Time:** 7.00 pm

Dress Code: All That Jazz, Cocktail Attire

Cost: \$250 pp | Table of 10 \$2,450 | Table of 12 \$2,850



**Book your ticket
or table here**



Enjoy our stunning waterside venue, 3-course meal with unlimited drinks, live music, dancing, inspiring stories, & fireworks to end the night with a bang!

Looking for flexible work - and a chance to support persecuted Christians?

Aid to the Church in Need (ACN) Australia is seeking a Diocesan Outreach Assistant to give short presentations at weekend Masses across the Diocese of Broken Bay.

This part-time role involves sharing stories of the suffering Church and helping build prayerful support within parish communities.

If you are comfortable speaking in front of others and have a heart for this mission, we would love to hear from you.

For details:

www.aidtochurch.org/work

Cecilia Figueroa

National Outreach Coordinator

Aid to the Church in Need | **ACN Australia & New Zealand**

PO Box 335, Penrith NSW 2571

PO Box 90445, Auckland 1142 NEW ZEALAND

AU 1800 101 201 | NZ 0800 242 322 | Direct +612 9167 9515

cecilia@aidtochurch.org | www.aidtochurch.org

To support our young people encountering Christ and community through this event, the Diocese of Broken Bay will offer subsidies for individual young participants to attend Ignite Conference with a group from their parish. If you would like to express interest in obtaining a Broken Bay subsidy, complete the Microsoft Form:

<https://forms.office.com/r/3kuxSFcZgQ> or use the QR code attached by **Monday 11 May 2026 at 5pm.**

Ignite Conference 2026- Catholic
Diocese of Broken Bay Subsidy-
Expression of Interest



**Our Lady
OF DOLOURS**

**PRAISE
and
WORSHIP**

6PM, FRIDAY, 22ND MAY, 2026
OUR LADY OF DOLOURS CATHOLIC CHURCH
94 ARCHER ST, CHATSWOOD NSW 2067

RESIDENTIAL RETREATS FOR 2026

Starts on Friday at 5:30pm &
Ends on Sunday, 4:00pm

JAN	BIBLE CONVENTION (Led by Fr Antony) Jan 31st- 1st Feb) 9am-4pm
FEB	27Feb-1Mar, Lenten Retreat
MAR	20-22, Preparation for Holy Week Retreat
APR	17-19, Deliverance Retreat
MAY	15-17, Preparation For Pentecost Retreat
JUN	19-21, Inner Healing Retreat
JUL	10-12, Family Healing Retreat
AUG	14-16, Dei Verbum Retreat
SEP	11-13, Deliverance Retreat
OCT	2-4, Marian Retreat
NOV	13-15, Inner Healing Retreat
DEC	11-13, Advent Retreat

PLEASE BOOK VIA OUR WEBSITE

<https://divineretreatcentre.org/booking-form/>
or email us at drcretreatrego@gmail.com

SILENT GUIDED RETREAT

If you would like to book for a private "SILENT GUIDED RETREAT", please email drtsydney@gmail.com and we will share information about the cost and what to bring, to help you prepare for a peaceful and meaningful experience.

OUTREACH MINISTRIES

First Friday (Chatwood)

Healing Prayer Service, 6:30pm-8:30pm
at Our Lady of Dolours Catholic Church, CHATSWOOD

Third Monday (Wallsend)

Healing Prayer Service, 7:00pm-9:00pm
at St Patrick's Church, 11 Macquarie street, WALLSEND

Third Friday (Epping)

Holy Mass & Adoration, 6:00pm-8:00pm
at Our Lady Help of Christians Church, 31 Oxford St, EPPING

Fourth Thursday (Adelaide)

Spiritual Healing Retreat, 7:00pm-9:00pm
St Peter Claver Church, 8 Stuart Road, Dulwich,
Adelaide, SA 5065

Brisbane & Canberra (As advertised)

For other upcoming outreach ministries please refer
to our website events page:
<https://divineretreatcentre.org/events/>

**Spiritual Guidance,
confessions by appointment.
Email: drtsydney@gmail.com**

Perpetual adoration Chapel: Open 24/7

We rely on your loving support to maintain this beautiful space and ensure our ministries can thrive. If you are able to give, your gift is a blessing that helps us keep the doors open and our hearts dedicated to serving God and neighbour. Thank you for your care and commitment to our ministry.

Kindly make your donation via the QR code or through our bank account.

BANK DETAILS:

Name: Vincentian Missionaries

ABN: 26 173 469 536

Bank: Westpac BSB: 032071 Ac No: 524895

* Vincentian missionaries is not a gift deductible entity.

There will not be any income tax deductions available for donations.

* Personal information provided will be confidential and will not be given out to third parties.

SCAN
TO
DONATE





THE 54TH INTERNATIONAL
EUCCHARISTIC
CONGRESS 2028
SYDNEY, AUSTRALIA



eucharist28.org

The pilgrimage has
begun. Join us.





UTES OF
HEALING
FOR PARENTS
WHO HAVE LOST A BABY

BEFORE BIRTH OR
IN EARLY INFANCY

The book contains:

Prayers after Death
Rite of Commendation
Memorial Service
Rite of Healing for Parents
Rite of Blessing a Family

*A liturgical resource for healing, and hope.
Designed to gently support families and those who
care for them in parishes, hospitals, and homes.*

This resource is available for purchase, with single copies priced at \$13.
For parishes, hospitals, and organisations: only \$11.50 per copy for orders of 25 or more.

For orders, visit www.liturgybrisbane.net.au or contact (07) 3324 3314.



What's On at the Sisters of Charity Heritage Centre

4 March - 28 May
Exhibition | Give to Gain

28 April and 12 May | 10:30 - 12:00
Event | You Can Ask That

Ever wonder what it was like to be a religious sister, long ago or today? You're invited to join us for morning tea with two Sisters of Charity and ask them questions regarding things you're curious about.

You can tour our exhibitions, visit our beautiful historic chapel and take a walking tour too.

Call (02) 9138 0835 or email heritagecentre@rscoffice.com to register
Please register by 23 April or 7 May for the respective sessions.



Sisters
of Charity
of Australia

HERITAGE
CENTRE

[@rscheritagecentreau](https://www.instagram.com/rscheritagecentreau) | [✉ heritagecentre@rscoffice.com](mailto:heritagecentre@rscoffice.com)
socheritagecentre.org.au | (02) 9138 0835 | 1 Rockwall Crescent, Potts Point

Dear Friends,

We have a retreat coming up at Jamberoo Abbey in the month of June. Below is a short description of it.

Go to [our website](#) for more information and how to register.

We would like to enable as many people to attend our retreats. If you require assistance with the registration cost, please don't hesitate to contact us at onlineretreat@jamberooabbey.org.au.

God bless.

Benedictine Nuns of Jamberoo Abbey

[Praying Icons with Julian of Norwich](#)

(Day Retreat) 27 June 2026

Join us for a contemplative day exploring the rich intersection of iconography and Julian of Norwich's Revelations of Divine Love.

Retreat Cost: \$60 (*Limited space available*)

MAGI PILGRIMAGES

FOOTSTEPS OF ST PAUL (5th - 20th May 2026)

Fr. Sebastian A.M invites you to a journey in the footsteps of St. Paul, reliving the Acts of the Apostles and exploring the letters of the New Testament. Explore Greece and Turkey with a 3-night Greek Islands cruise in this 14-day pilgrimage for an all-inclusive price of \$9790+ tips (25+ pilgrims). The early bird price expires on January 30th.

SAINTS OF ITALY (8th - 21st June 2026)

Fr. Franco Filippetto invites you to a 14-day journey to Italy, visiting Milan, Padua, Siena, Assisi, Rotondo, Sorrento, and Rome, with an all-inclusive price of \$ 9,290 + tips (for 30+ pilgrims). The early bird price expires on January 30th.

The fare includes Return Economy Airfares + Local Transfers in Deluxe coaches + Stay in 4-star Premium Hotels, Meals + English speaking professional guides + Entrances as per itinerary and more. For inquiries & bookings call 03 8839 6615 or email us pilgrimage@magiholidays.com.au

Catholic Theological College

Invites you to our Engaging Your Faith online presentations from \$25 per session.

For more information: ctc.edu.au/engaging-your-faith/ or see the following page.



CATHOLIC
THEOLOGICAL
COLLEGE



UNIVERSITY
of DIVINITY

Engaging Your Faith Online Series



Choose from 12 sessions in May 2026

Engaging Your Faith is a series of short, online presentations that invite participants to reflect on what it means to be people of faith in the contemporary world.

Experienced lecturers from Catholic Theological College present on a variety of topics such as science and faith issues including AI, moral theology, politics and religion, the Gospels of Matthew and John, biblical languages, canon law, and religion and ethics.

Cost

- \$25 per session: General audience
- \$40 per session: Teachers applying for Catholic school accreditation

See the next page for the list of topics and presenters.

These sessions are approved for teacher accreditation in some Catholic dioceses.
For more information refer to our website.



To register, scan the QR code or
[visit our website](#) for a full description of the sessions.

Email ctc@ctc.edu.au for further information
+61 3 9412 3333 | 278 Victoria Parade East Melbourne | ctc.edu.au

CRICOS: 01037A

May 2026

Registrations essential!

Please note that registrations close at 5pm two business days before each session.

Day	Title and Presenter
Monday 4 May 7pm - 8.30pm	Can a Scientist Believe in God? Rev. Dr Chris Mulherin
Tuesday 5 May 7.30pm - 8.30pm	Interculturality and Its Relevance for the Church Today Rev. Dr Jake Mudge
Wednesday 6 May 5.30pm - 7pm	Democracy and Education Prof. Jānis Ozoliņš
Thursday 7 May 7pm - 8.30pm	Enriching Our Understanding of Being A Christian in Our World Today Dr Frances Baker RSM
Tuesday 12 May 7.30pm - 9pm	John 1: 19-51: Jesus' Baptism and the Call to Discipleship Br Dr Paul Creevey FMS
Wednesday 13 May 5.30pm - 7pm	Old Testament Law: Is It Still Relevant? Rev. Dr Kris Sonek OP
Thursday 14 May 7pm - 8.30pm	Community and Communion: A (Gentle) Introduction to Canon Law Rev. Adi Indra
Monday 18 May 7pm - 8.30pm	The Gospel According to Matthew: A Tapestry Dr Rosemary Canavan
Tuesday 19 May 7pm - 8.30pm	Religion and Ethics: Exploring Some Connections Dr Frances Baker RSM
Wednesday 20 May 7pm - 8.30pm	An Introduction to AI and Transhumanism ... for Christians Rev. Dr Chris Mulherin
Thursday 21 May 7pm - 8.30pm	After Death — What? Rev. Dr Paul Connell
Tuesday 26 May 7pm - 8.30pm	Why Study the Ancient Biblical Languages? Rev. Dr Trevor Tibbertsma

[Visit our website](#) for a full description of the sessions.

Email ctc@ctc.edu.au for further information
+61 3 9412 3333 | 278 Victoria Parade East Melbourne | ctc.edu.au

CRICOS: 01037A



ST OLAF CHURCH



COPENHAGEN CITY

Scandinavian S E C R E T S



With hosts Rev'd Christopher Waterhouse + a Monk from St. Benedicts Monastery, Arcadia

DEPARTING SYDNEY
24 SEPT 2026

5 nights – Stockholm

Built on 14 islands, Stockholm is often called the Venice of the North.

2 nights – Vadstena

Home to Vadstena Castle, one of Sweden's best-preserved Renaissance fortresses.

3 nights – Malmö

Malmö's iconic Turning Torso is the tallest building in Scandinavia.

5 nights – Copenhagen

Copenhagen is one of the world's most bike-friendly cities, with more bikes than cars.

REGISTER YOUR INTEREST TODAY

krystal@ettravel.com.au

0438 907 006

ASK US ABOUT OUR EXCLUSIVE
NORWAY ADD-ON—WHERE
BREATHTAKING FJORDS AND
UNFORGETTABLE ADVENTURES
AWAIT!



THE LITTLE MERMAID

ABOUT OUR HOST

FR. CHRISTOPHER WATERHOUSE



The Rev'd Christopher Waterhouse is Rector of St James' King Street, Sydney. Prior to his appointment, he served as Precentor and Chaplain

for the Arts at St David's Cathedral, Hobart. Born in the United Kingdom and raised and educated in Tasmania, Christopher developed an early passion for the performing arts, particularly theatre and music. He appeared in numerous stage productions across Tasmania before relocating to Sydney to work with the Sydney Theatre Company, and later moving to London where he worked at the St James' Theatre.

He subsequently left the theatre industry to work at Christ Church Cathedral, Oxford, while undertaking ministry studies. Christopher returned to Australia in 2017 to become Director of the St James' Institute. He has more than 25 years' experience as a radio presenter in Hobart, London and Sydney, and has served on the boards of a range of philanthropic, church, education and arts organisations. These include the national board of the Anglican Board of Mission, the Council of St Andrew's College, and 2MBS Fine Music Sydney.

Scandinavia Itinerary Overview

Stockholm 5 nights

- Arrival in Stockholm with airport transfer.
- Guided city tour featuring City Hall, the Old Town (Gamla Stan), the Royal Palace and Parliament.
- Scenic boat cruise through the Stockholm Archipelago.
- Full-day guided excursion to Sigtuna and Uppsala, exploring Viking-era sites, the historic university precinct and Uppsala Cathedral.
- Free day to explore Stockholm independently, with the option to use the Stockholm Pass.
- Visits to ABBA The Museum and the Vasa Museum.

Vadstena - 2 nights

- Travel south with a stop at Östanbäck Monastery.
- Guided walking tour of medieval Vadstena.
- Visits to Vadstena Abbey and Vadstena Castle.

Malmö - 3 nights

- Travel to Malmö.
- Visit Malmö Castle and key churches. Church service.
- Excursion to Skanörs Church and final sightseeing in Malmö.
- Full-day excursion along the Skåne coast. Visits to Ystad and Simrishamn.
- Stop at the Kivik Grave and visits to historic churches including St Nicolai Church and St Olof's Church.

Copenhagen - 5 nights

- Travel to Denmark via ferry. Visit Kronborg Castle (Hamlet's Castle).
- Scenic coastal drive along the Strandvej to Copenhagen.
- Guided city tour including Nyhavn, Amalienborg Palace, Christiansborg Palace and The Little Mermaid.
- Canal cruise and visit to the Church of Our Lady. Excursion to Roskilde, including the Viking Ship Museum and Roskilde Cathedral.
- Full-day excursion to Odense, visiting H.C. Andersen's House and Odense Cathedral.

Inclusions & Important Information

- Depart Australia: 24 September 2026
- Full breakfast daily. 7 dinners included, featuring both a welcome dinner and a farewell dinner.
- Single supplement available on request.
- Ask about extending your journey to Norway — we offer tailored packages to make this a reality.
- All listed activities are subject to change at any time due to operational requirements.
- Flights are with Air China, offering Economy, Premium Economy and Business Class options.
- The itinerary includes a stopover in the spectacular historic city of Beijing.

Carmel House Retreats 2026

**MAY
20-24**

**Pentecost Intensive
RUAH**

"He breathed on them and said to them, 'Receive the Holy Spirit'". Jn 20:22
The Ruah (breath) of God renews each soul that receives its power. Embrace the gift of the Holy Spirit through fellowship, inputs, prayer and practical workshops and help renew the face of the earth
<https://www.trybooking.com/DIDAV>.

**OCT
16-18**

**Hand Made
Creative Healing Retreat**

"In his hand is the life of every creature." Job 12:10
Come away for a weekend of reflection on how carefully God has made and upheld your life through different creative prayer experiences.
<https://www.trybooking.com/DIDCB>

**JUNE
27**

**GARDENS
Day Retreat**

"Grieve not as those who have no hope." 1 Thess 4:13.
Spend a day reflecting on how while we experience pain, grief and loss in life, we can also discover in such moments that God is renewing us and doing "a new thing" (Rev 21:4) within us.
<https://www.trybooking.com/DIDBD>

**NOV
14**

**ALIVE
Holy Spirit Family
Retreat Day**

Your family has been carefully chosen and put together by God and has an important mission entrusted only to you.
Discover as a family the power of the Holy Spirit to live with boldness and love!
<https://www.trybooking.com/DIDCJ>

**AUG
28-30**

**HOMECOMING
Silent Retreat**

"His father saw him, ran to his son, threw his arms around him and kissed him." Lk 15: 20
Your heavenly Father waits for you to come away with him for a weekend of silently soaking in his great love for you. Embrace this opportunity for encountering deep peace and serenity.
w/e: <https://www.trybooking.com/DIDBK>
extensive: <https://www.trybooking.com/DIDBU>

Missionaries of God's Love
Sisters



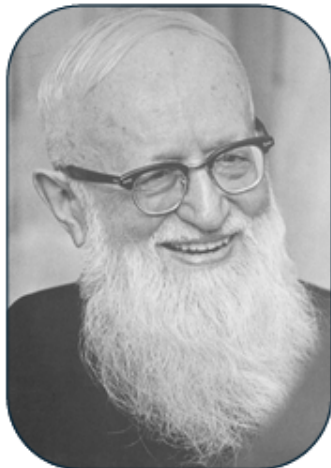
Carmel House
345 St Andrews Rd, Varroville NSW 2566
mglisters.sydney@gmail.com
[mglisters.org](https://www.mglisters.org)

BOOK NOW!



Schoenstatt Sisters
CENTENARY YEAR
Pilgrimages!

PILGRIMAGES CAN INCLUDE...



HOLY MASS

- In the Shrine, House Chapel or Family Hall
- Come with own priest
- Existing Masses at Mount Schoenstatt on Thursdays & Sundays at 11am

CONFESSION

- Available with own priest only

PRAYER

- Devotion
- Rosary
- Stations of the Cross
- Private

TALK BY A SISTER

- About Schoenstatt and the sisters community



MEALS

- BYO
- Morning tea, lunch & afternoon tea available at a cost

PIETY STORE

- Gifts
- Souvenirs
- Religious items

Plenary indulgence available
until **4th NOVEMBER 2026**

*Tailor your pilgrimage
to suit your needs!*

ALL PILGRIMAGES BY DONATION!

CONTACT



SR M. OLIVIA



0473 201 525

sister.m.olivia@gmail.com

WANT TO JOIN OUR FRIENDSHIP PROGRAM?

CatholicCare are seeking volunteers for our Aged Care Volunteers Visitors Scheme (formerly known as the Community Visitors Scheme). As a volunteer, you will visit seniors in a local aged care facility or in their own home and help improve their quality of life. Our volunteers have the flexibility to choose a day and time that suits them, we just ask for a commitment of at least one hour per fortnight.

Affectionately referred to as CatholicCare's 'friendship program', you will be able to build new connections and positive relationships with someone who will greatly appreciate your company. Please call (02) 9481 2600 or visit www.catholiccaredbb.org.au/volunteer/ for more information



CatholicCare
Diocese of Broken Bay

VOLUNTEERS NEEDED

AGED CARE VOLUNTEER VISITORS SCHEME

www.catholiccaredbb.org.au/volunteer

Discover and share in our story

The Sisters of Charity Heritage Centre brings alive the spirit of the Congregation, it's history and heritage.

Australia's first religious sisters have been of service to the community regardless of creed, wealth or ethnicity, for over 185 years.

Tuesday – Thursday
10.00am-3.00pm or by appointment
Free entry, parking available
Bookings recommended

You too are part of this continuing and living heritage and we'd love to welcome you.

1 Rockwall Cres, Potts Point, NSW
T: 02 9138 0835
W: socheritagecentre.org.au
E: heritagecentre@rscoffice.com



**Sisters
of Charity**
of Australia

**HERITAGE
CENTRE**



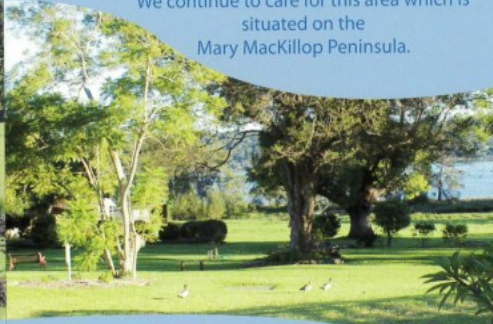
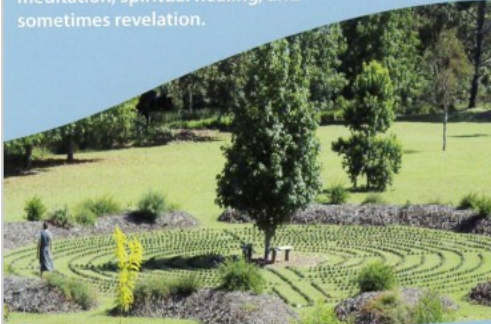
St Joseph's Spirituality and Education Centre Kincumber South

The abundance of natural beauty which surrounds the Centre will ensure your stay is unforgettable, enjoyable and restful.

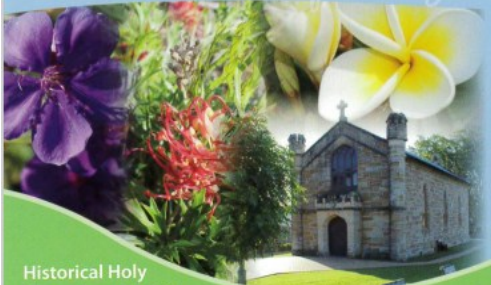
The labyrinth is a place for prayer, meditation, spiritual healing, and sometimes revelation.

We acknowledge the original owner of this land and pay tribute to The Darkinjung Nation and the Guringai people who have cared for this land with love and respect.

We continue to care for this area which is situated on the Mary MacKillop Peninsula.



Peace and Tranquility



Historical Holy Cross church built in 1842 presents itself right in front of our Centre.



A Ministry of the Sisters of St Joseph
NSW Province

The Congregation of the Sisters of St Joseph, founded by Mary MacKillop and Julian Tenison Woods in 1866, was devoted to the service of the poor. Its members were women who worked in a simple ordinary way to bring to the poor the message of their human dignity and of Christ's saving love. Today the Sisters of St Joseph continue that founding mission to relieve suffering and bring hope to today's world.

St Joseph's Spirituality & Education Centre

8 Humphreys Road, Kincumber South, NSW 2251
Phone: 02 43682805 : Fax: 02 43683849
Email: bookings@stjosephsretreat.org.au
Web: www.stjosephskincumber.org.au

St Joseph's Spirituality and Education Centre offers the opportunity for individuals and groups to experience spiritual enrichment and personal development in a peaceful and spacious setting. The facilities are available to those whose purpose is in harmony with the spirit and philosophy of the Sisters of St Joseph.



Location

St Joseph's Spirituality and Education Centre is located at Kincumber South, in a natural bushland setting, in a quiet corner of the beautiful Central Coast of NSW.

The spacious grounds front the Kincumber Broadwater, creating an atmosphere of tranquility and peace that enhances the spiritual and reflective nature of the Centre.

A perfect place where people can be recharged, re-energized and spend precious time connecting with God, each other and nature.

Services

Dedicated staff are on hand to advise and to ensure the smooth running of your group's activities.

You can be certain of our personalised & professional service from start to finish for your conference, meeting or seminar.

The Centre is open to people of all faiths and beliefs and is a warm and welcoming place respecting cultural and religious differences.

Meals are prepared on site, catering for special dietary requirements.

Morning and afternoon tea are all homemade.

Facilities

St Joseph's is a smoke free environment.

The quality and presentation of the accommodation add to the overall ambience of the Centre.

A maximum of 54 people can be accommodated in 35 double, twin, or single rooms, all with modern ensuites.

Ramp and lift access to rooms is available, some bathrooms are wheelchair friendly.

Our facility hosts
Retreats
Conferences
Group Seminars
Small Group Meetings
Bible Study Groups
Prayer Days

Sound and visual equipment for conferences are available on request.

Walking Tracks and Gardens

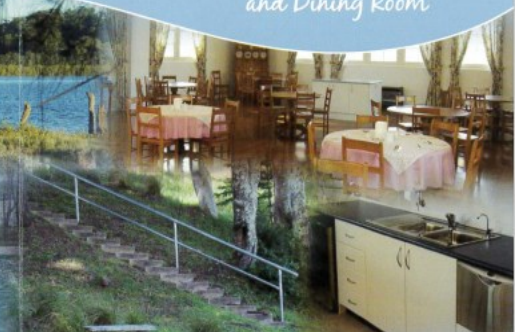
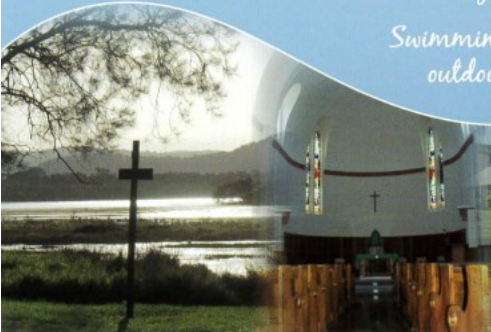
Meditation Areas and Mary of the Cross Walk

Swimming pool and outdoor patio

Chapel and prayer rooms

Conference Rooms

Lounge, Tea Bays and Dining Room



WE ARE PROUD TO ANNOUNCE OUR NEW ACCREDITATION FOR HOME CARE PACKAGES

CatholicCare is our social care agency in the Diocese of Broken Bay and we have been supporting the Northern Sydney, Northern Beaches and Central Coast communities for 35 years.

We understand many seniors prefer to stay at home as they age. The Government's funding for Home Care Packages can help you live independently at home for longer.

We want to know if our Home Care Packages are of interest to you, or a loved one and want to prioritise the needs of our parishioners before we promote to the general public. As a Catholic organisation we want the seniors we support to know they are truly cherished and valued and we're confident our services will be very well received.

There's no obligation to partner with CatholicCare. We may contact you to discuss your needs, but you're welcome to opt-out at anytime.

Name _____

Suburb _____ Phone _____

Email _____

Do you currently have Home Care Package funding from the Government?

Yes No Unsure

Do you need help applying for a Home Care Package?

Yes No Maybe

Is there any other feedback you'd like to provide?

Take a photo of this completed form and email to info@catholiccareddb.org.au or text a photo of the form to 0481 602 046. Thank you.

CATHOLICCARE BROKEN BAY

Do you have a problem that you can't solve on your own?

When feelings become overwhelming or confusing, counselling can be very helpful. We work with you to overcome challenges and stress. We work with you, assisting you to face challenges and stressors, coming up with suggestions to tackle or resolve these challenges. We listen, talk through experiences and help you think about ways forward. Common issues addressed in counselling include family transitions, communication issues, work/life balance, conflict, parenting after separation, grief and loss and decision making. We offer a welcoming, inclusive environment and a safe space for all ages. CatholicCare offers Government funded, fee for service and NDIS approved therapy options for yourself, your children and as a family unit.

To access this service please call 1800 324 924 or visit www.catholiccaredbb.org.au.



Key Telephone Numbers

KEY TELEPHONE NUMBERS

POLICE: 000

Call the Police for immediate assistance.

1800 RESPECT: 1800 737 732

A national 24-hour 7 day a week service, for advice or support in relation to sexual assault and domestic violence. The service also connects victims to the nearest help according to their location.

FOR NON-ENGLISH SPEAKERS

Call 131 450 for an interpreter. Ask them to ring 1800 RESPECT for you.

CATHOLICCARE BROKEN BAY

CatholicCare provides a range of services to assist women and children experiencing domestic violence

Central Coast: 1800 324 924	Northern Beaches: 1800 324 924
Naremburn: 1800 324 924	Waitara: 1800 324 924

MEN'S REFERRAL SERVICE: 1300 766 491

A national 24-hour 7 day a week anonymous and confidential counselling, information and referral service to help men stop using violent and controlling behaviour.

FOR FEMALE MIGRANTS UNDER A TEMPORARY VISA

Migrants are especially vulnerable to abuse because they are in unfamiliar territory without knowledge of the laws and emergency services they can access.

If you are experiencing domestic violence, you can take out an Apprehended Violence Order (AVO) against your partner.

Under the Migration Act you can apply for permanent residency due to domestic violence.

Ring any of the following numbers:

Immigration Advice and Rights Centre	02 8234 0777
Immigrant Women's SpeakOut Association	1800 656 463
Legal Aid NSW	1300 888 529 (business hours)

PHYSICAL AND SEXUAL ABUSE ARE SERIOUS INDICTABLE OFFENCES UNDER THE NSW CRIMES ACT 1900. It is an offence to fail to report knowledge or belief of a serious indictable offence. If in doubt, call 000.

This parish resource has been developed by the Diocese of Broken Bay's Catholic Life & Faith Formation Team in consultation with the Safeguarding Office (Chancery) and CatholicCare Broken Bay. This booklet is part of a Parish Kit which assists parishes to respond to those experiencing domestic violence or those who are seeking help for their violent behaviour. The kit is available for download www.bbcatholic.org.au

www.bbcatholic.org.au



**CATHOLIC
DIOCESE OF
BROKEN BAY**

SAFEGUARDING is everyone's responsibility



Everyone must practice **A DUTY OF CARE**. We are called to step up and speak out.

Need to be listening & watching to understand if there are any concerns and take them seriously



Tell one of our designated persons in authority

- Fr Raúl 0450 115 099
- Maureen Roast 0435 245 849
- Anne Hooley 0428 149 793

Contact will be made with Diocesan Safeguarding Office



Our Community is **SAFE**